Pitch Count Rest Rules

League Age	Maximum Number of Pitches per Day
13 - 16	95
11 - 12	85
9 - 10	75
7 - 8	50

Pitches Thrown	Days Rest
1 - 20 pitches	0 days rest
21 - 35 pitches	1 days rest
36 - 50 pitches	2 days rest
51 - 65 pitches	3 days rest
66 or over pitches	4 days rest

Date	Pitcher Name	Opposing Team	# of Pitches Thrown	Opposing Team Signature